

PRE-ATHLETIC TRAINING

A career in the health science field is within reach through the Department of Health Science at Minnesota State, Mankato. From undergraduate degrees in alcohol and drug studies to applied health science with an emphasis in pre-occupational therapy, pre-athletic training, or pre-healthcare administration, you'll graduate prepared to make an immediate impact in the health science field through one of these rewarding careers. Advisors play an important role in guiding the students enrolled in such a plan of study, so students are urged to contact the advisor before enrolling.

PROGRAMS



DEGREES AND CERTIFICATES

The Pre-Athletic Training advising track in Applied Health Science is a pre-professional track for students seeking to pursue a graduate degree in Athletic Training, not a degree program. Admission requirements for graduate degrees in Athletic Training differ by program. Additional courses may be required.

Majors to Consider with a Pre-Athletic Training Track?

Exercise Science, Applied Health Science, Biology, Psychology, Health & Physical Education Teaching

ABOUT THE PROGRAM

Designed for students seeking to pursue a graduate degree in athletic training. Admission requirements for graduate degrees in athletic training differ by program. Additional courses may be required. Students who successfully complete all major requirements will be eligible to become a Certified Health Education Specialist®.

Minnesota State Mankato offers a professional Master of Science in Athletic Training (MSAT). The program at Minnesota State Mankato was one of the first four athletic training programs in the United States and, as such, is among the oldest and most respected.

REAL-WORLD CONNECTIONS



SKILLS AND TALENTS

- Risk Reduction, Wellness and Health Literacy
- Assessment, Evaluation and Diagnosis
- Critical Incident Management
- Therapeutic Intervention
- Rehabilitation and Reconditioning
- Organization and Administration
- Healthcare Administration and Professional Responsibility

CAREERS

- Athletic Trainer

EMPLOYERS

- Colleges and Universities
- High Schools and Middle Schools
- Hospitals
- Fitness Centers
- Doctor's Offices
- Professional Sports Teams
- Fine Arts and Industrial Settings

INSPIRED ACTION



EMPLOYMENT RATE

95.8%
of program graduates begin their careers within one year of graduation.

link.mnsu.edu/graduate-follow-up

MEDIAN SALARY

\$57,930

The median annual wage for Athletic Trainers in May 2023.

Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, Athletic Trainers at link.mnsu.edu/athletic-trainer-salary

PROGRAM WEBSITE



link.mnsu.edu/preathletictraining



SAMPLE FOUR-YEAR PLAN - APPLIED HEALTH SCIENCE, BS (PRE-ATHLETIC TRAINING)

First Year (Fall)	First Year (Spring)
ENG 101 Foundations of Writing & Rhetoric (4) STAT 154 Elementary Statistics (4) BIOL 220 Human Anatomy (4) Required General Education Course (3) General Education Course (1)	HLTH 101 Health and the Environment (3) PSYC 101 Introduction to Psychological Science (4) BIOL 202 Anatomy and Physiology I (4) CHEM 111 Chemistry of Life Process Part II (5) OR CHEM 201 General Chemistry I (5) General Education Course (1)
Second Year (Fall)	Second Year (Spring)
HLTH 212 Consumer Health (3) HLTH 260 Introduction to Applied Health Science (3) HLTH 295 Professional Preparation in Health Careers (1) BIOL 330 Principles of Human Physiology (4) HLTH 360 Theories and Models of Health Education (3)	HPT 260 Introduction to Exercise Science & Practitioner-based Professions (3) HLTH 321 Medical Terminology (3) HLTH 363 Science of Strength Training and Kinesiology (3) General Education Course (3) General Education Course (3)
Third Year (Fall)	Third Year (Spring)
BIOL 105 General Biology I (4) HLTH 361W Health Communication and Advocacy (4) HP 431 Biomechanics (4) HLTH 460 Introduction to Epidemiology (3)	HP 314 Physiology of Exercise (3) HLTH 380W Health Education Planning, Implementing, and Evaluating I (3) HLTH 454 Chronic and Infectious Diseases (3) FCS 140 Introduction to Nutrition (3) OR FCS 242 Nutrition for Healthcare Professionals (3) General Elective Course (4)
Fourth Year (Fall)	Fourth Year (Spring)
HLTH 210 First Aid & CPR (3) HLTH 480 Health Education Planning, Implementing and Evaluating 2 (3) HLTH 482W Administration and Grant Writing in Health Education (4) General Education Course (1)	HP 340 Prevention and Care (2) PHYS 101 Introductory Physics (3) HP 315W Research Methods and Statistics (3) General Elective Course (3) General Elective Course (3)

For more information about course requirements, visit:
mnsu.edu/academics/academic-catalog

LEARN MORE

Pre-Athletic Training

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